



# BASS EDUCATIONAL SERVICES, LLC

## K-12 and College Planning for Students who Learn Differently

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### FOSTER INDEPENDENCE THROUGH AGE-APPROPRIATE CHORES

(adapted from [www.flandersfamily.org](http://www.flandersfamily.org))

#### Ages 2 – 3

- Put toys in toy box
- Stack books on shelf
- Place dirty clothes in laundry hamper
- Throw trash away
- Fold washcloths
- Fetch diapers & wipes

#### Ages 4 – 5

- Feed pets
- Wipe up spills
- Put away toys
- Make the bed
- Straighten bedroom
- Water houseplants
- Sort clean silverware
- Prepare simple snacks
- Use hand-held vacuum
- Clear kitchen table
- Disinfect doorknobs

#### Ages 6 – 7

- Gather trash
- Fold towels
- Dust mop floors
- Empty dishwasher
- Match clean socks
- Weed garden
- Rake leaves
- Peel potatoes or carrots
- Make salad

#### Ages 8 – 9

- Load dishwasher
- Wash laundry
- Hang/fold clean clothes
- Dust furniture
- Put groceries away
- Scramble eggs
- Bake cookies
- Walk dogs
- Sweep porches
- Wipe off table

#### Ages 10 – 11

- Clean bathrooms
- Vacuum rugs
- Clean countertops
- Prepare simple meal
- Bring in mail
- Wash/dry/put away own laundry
- Sweep out garage

#### Ages 12 and up

- Mop floors
- Wash/ vacuum car
- Mow lawn
- Trim hedges
- Shop for groceries w/list
- Cook complete dinner
- Bake bread or cake
- Do simple home repairs
- Wash windows
- Watch younger siblings